

WA Recovery College Alliance

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# Snapshot

## 2020–2021



# Educator Foundation Programs

Educator Foundation Programs are **5-day courses** designed to prepare new and potential educators in line with the **principles and practices** of the WA Recovery College Alliance (WARCA).

### Topics covered include:

- > Frameworks of Understanding
- > Co-production
- > Embodying Values
- > Facilitation Skills
- > Principles of Adult Education



Total number of educators who attended a Foundation Program

87

5 Completed Programs

Perth	December 2020
Perth	February 2021
Northam	March 2021
Joondalup	March 2021
Bunbury	July 2021

2 Scheduled Programs

Leederville	August 2021
Kalgoorlie	October 2021

2 Programs In Planning

Leederville – Alliance Partner
Rockingham



# Community Information & Input Sessions

Community Information and Input Sessions are an opportunity for members of the community to **learn more** about the Western Australian Recovery College Alliance and how they can **get involved**.



4 Completed Sessions

Northam	March 2021
Bunbury	March 2021
Hampton House (Fremantle)	July 2021
Rivervale (in collaboration with Alliance Partner Collective Hope)	July 2021

2 Scheduled Sessions

Kalgoorlie	August 2021
Joondalup (in collaboration with Alliance Partners AODCCC and Womens Health and Family Services)	September

1 Educator Information Session

Online Session	July
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# Completed Courses

Below are some of the courses that have been delivered in 2021:

- > Exploring Recovery
- > Finding My Way
- > Stories of Hope
- > Sorting Out My Toolbox
- > Dealing with Stress
- > Love Your Tree
- > Date with a Donkey
- > Motivation and Self-Compassion
- > Recovery Goal Setting
- > Scents and Sounds
- > Navigating Life After Prison
- > Reconnecting with Children after Rehab, Prison or Separation

Total number of students who attended a WARCA course in 2021

# 170

## 7 Courses completed in Term 1

Joondalup 6 courses  
Safe Haven 1 course over 2 sessions

## 7 Courses completed in Term 2

Joondalup 5 courses  
Rivervale 2 courses over 4 weeks

## 4 Courses completed in Term 3

Joondalup 1 course over 2 weeks  
1 standalone course  
Northbridge 2 courses



# Scheduled Courses

The following courses are scheduled to be delivered by the end of 2021:

- > Parenting in Recovery
- > Consumer Voice in Mental Health
- > Indigenous Healing: Nikkeeta Healing Journey
- > Dealing with Stress
- > Horse Talk
- > Date with a Donkey
- > Scents and Sounds
- > Exploring Recovery: Making Mandalas
- > Recovery Goal Setting
- > Motivation and Self-Compassion
- > Recognition Day: Gratitude and Thanks
- > Christmas on a Budget

## 8 Courses scheduled in Term 3

Joondalup 2 courses over 2 weeks  
1 standalone course  
Northbridge 3 courses  
Rivervale 2 courses over 4 weeks

## 11 Courses scheduled in Term 4

Joondalup 3 courses over 2 weeks  
2 standalone courses  
Northbridge 4 courses  
Rivervale 2 courses over 4 weeks

## Courses currently in planning for Term 4

Leederville  
Bunbury  
Northam

# WA Recovery College Alliance (WARCA)

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Government of **Western Australia**  
**Mental Health Commission**